

INSTRUCTIONS FOR MOULDING THE EDGE PREMIUM MOLDABLE MOUTHPIECE

MOLDING TAB: This tab helps simplify the customization of the mouthpiece and helps prevent deformation of the mouthpiece opening.

BITE SPACERS: These Lateral Stops are inserted in the bitewings to maintain the optimum thickness of the material between the upper and lower teeth during molding.

UP SYMBOL: It indicates the correct position and direction for the mouthpiece to be placed in your mouth during molding and use.

GUIDE TO CUSTOMIZATION:

- 1- Before molding the mouthpiece please read all the instructions. Ensure the Molding Tab and Bite Spacers are correctly inserted. Insert the mouthpiece in your mouth with the UP symbol toward your upper teeth. This helps ensure you understand the following steps.
- 2- Hold the Molding Tab by the end and dip the bite wings into boiling water for 15 seconds as shown in (fig 1) up to, but not touching the end of the Molding Tab. Do not immerse beyond the tab and or leave it in the water for more than 15 seconds. Doing so may cause irreversible deformation to the mouthpiece.
- 3- Quickly remove it from the water and shake off all excess water.
- 4- Place the mouthpiece in your mouth immediately (fig 3). Close your mouth and clench your teeth together firmly. Suck out any air and water for a few seconds to obtain ideal adhesion around the teeth. Massage your cheeks firmly at the same time with your fingers.
- 5- After about 2 minutes, remove the mouthpiece and place it in cold water for 3 minutes. Then remove it from the water, remove the Molding Tab and Bite Spacers.
- 6- Insert in your mouth again and if it is not sufficiently formed, reinstall the Molding Tab and Bite Spacers and repeat the above steps from step 1.
- 7- On completion of customization of your Edge-Hog mouthpiece, install it on your regulator and ensure you secure it tightly using the enclosed zip tie. Test it again for breathability before diving with it.

RECOMMENDATIONS AND WARNINGS:

- The mouthpiece can be reshaped several times after any dental work is done. For this reason keep your Molding Tab and Bite Spacers.
- Clean with a toothbrush, cold running water and neutral soap.
- **Warning:** Never use this mouthpiece with the Tab or Spacers inserted.
- Keep your Edge-Hog mouthpiece away from heat sources or direct sunlight.
- Consult your dentist before molding or using this mouthpiece if you have;
 - Diseases or inflammation of the teeth or gums.
 - Wear dentures, bridges, or implants.
 - Have lower teeth protruding beyond the upper teeth.
- Again do not dive with this mouthpiece if it is not properly secured to your regulator with the correct zip tie.